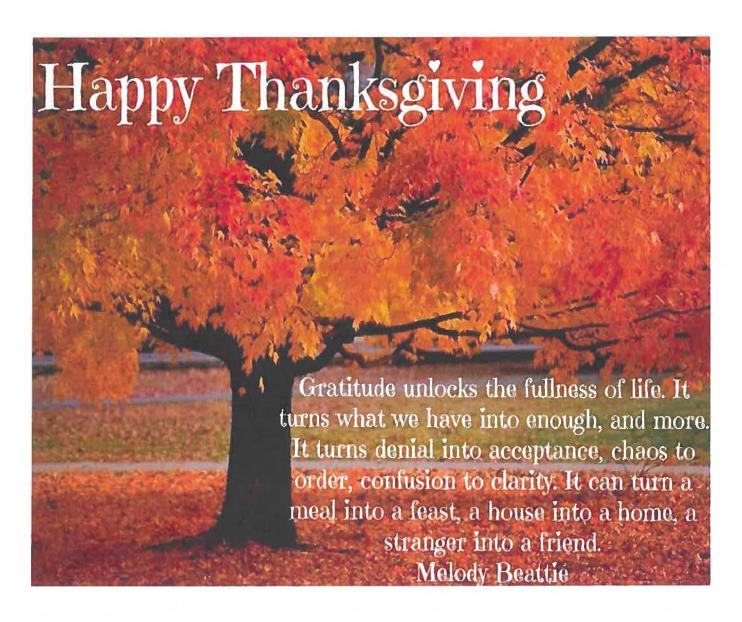
# VILLAGE OF FOREST VIEW

# NEWSLETTER



Thanksgiving 2022

## FROM THE DESK OF THE PRESIDENT





#### Greetings!

If you missed it last year, I hope you were able to attend our 2<sup>nd</sup> Annual Oktoberfest with more activities and more entertainment. If not, mark your calendar for next year. It will be Saturday, October 7<sup>th</sup>. We are already thinking of new activities, games and ways to improve the event.

Friday, November 11<sup>th</sup> at 11:00 am we will be having another Veterans Day Ceremony at the Village Hall. All are welcome to attend. We will have a short ceremony featuring Home School 5<sup>th</sup> grade singing the National Anthem, guest speakers, a rifle salute and Taps by Tom Day. Refreshments will follow upstairs in the Art Treckler Room.

Our Police Dept. has a Facebook page. Check it out. <a href="https://www.facebook.com/forestviewpd">https://www.facebook.com/forestviewpd</a>

Please take the time to read our Newsletter. There is a new ordinance in effect you should be aware of if you plan on selling your home.

Also, even if you have signed up for Code Red in the past, please take the time to fill out a new sign-up sheet. We had many residents informing us that they are not receiving alerts. You can receive a message via email, text message, phone call/voice mail on your phone or all 3. So, if you have not been getting alerts from the Village of Forest View, you need to fill out form again.

Some quotes to ponder:

"Give thanks for a little, and you will find a lot."

Hausa Proverb - The Hausa people make up the largest ethnic group in the African continent. The Hausa are mainly in western Africa and they are found in Nigeria and Niger, where they number about 70 million people.

"Give thanks not just on Thanksgiving Day, but every day of your life. Appreciate and never take for granted all that you have."

Catherine Pulsifer – (6/16/1946 – 3/2/2013) -Was involved reaching out to physically challenged kids to improve their lives. The last few years she fought diabetes and pulmonary degeneration.

No matter how grim things appear, there is always something to be grateful for. With that, I wish you all a Thankful Thanksgiving.

Warm Regards, Village President, Nancy L. Miller

### VILLAGE NEWS



A special Thank you to Village Attorney
John Murphey for over 45 years of
professional and dedicated service to our
Village. We wish you all of the best in your
retirement.



#### **Real Estate Inspections**

The Village of Forest View has passed & approved Ordinance 22-28 on October 11, 2022. All home sales require a Real Estate Inspection along with the Final Water Read before the closing. If you are selling your home, please contact Building Inspector Josh Brniak at 708-788-3429 for details.

#### **SCAMS**

If you receive correspondence from any companies requesting service or the need to set up an appointment regarding water or any other Village needs, please call the Village Office at 708-788-3429 or the Police Department at 708-788-0318 to verify if the request is actually legit and from the Village.

## Friendly Reminder Compost 11-30-22 Last Day for Pick-Up

#### CODE RED

Remember to go to......

www.villageofforestview.com to sign up for CodeRed. Notifications will come from the following phone numbers. Please add them to your phone book to avoid missed calls.

866-419-5000 or Emergency Alert 855-969-4636 or General Alert

We have some mugs left over from Oktoberfest and we have had residents asking if they can purchase some. If you would like additional mugs, you can purchase at the Village Office for \$5.00 each.

PLEASE NOTE: The Village Office will be closed on Thursday, November 24<sup>th</sup> and Friday, November 25<sup>th</sup> for the Thanksgiving holiday.

In the event of snow, please do not place your garbage/recycling cans in the street.



#### Can Dogs Sense Pregnancy?

You've read the stories or heard them from your friends, and maybe you've even experienced it yourself: a dog that senses its owner is pregnant even before she knows herself.

But is it really possible that dogs can sense you're expecting? Here's what the research can — and can't — tell us about your dog's perception of your pregnancy.

#### Can dogs sense pregnancy in humans?

Anecdotally, at least, dogs have been known to start following around a newly pregnant owner or suddenly becoming overprotective. Although there is no study (yet) showing that dogs can sense pregnancy in humans, it's really not that much of a stretch to assume that they might be able to sense when an owner has a baby on board.

If you do notice changes in your dog's behavior during pregnancy, it may be linked to shifts in your hormones along with changes in your behavior — both of which research shows dogs can sense.

#### Changes in your pregnancy hormones

Receptors in a dog's nose can pick up on hormones. And research suggests that the hormones emitted by your body can lead to a change in body odor that's detectable even by other humans. Therefore, it stands to reason dogs might also pick up on the hormonal changes that occur during pregnancy — in essence, smell that you're pregnant.

During pregnancy, your body is filled with a new cocktail of hormones. The human chorionic gonadotropin (hCG) levels in your blood, for one, skyrocket from somewhere around 50 mIU/L max in week 3 of pregnancy to up to 426 mIU/L by week 4 and 288,000 in the last weeks of the first trimester. Estrogen, progesterone and prolactin levels also all rise during pregnancy.

Meanwhile, dogs' sense of smell is notoriously sensitive: Scientists say they can smell as much as 100,000 times better than we humans can, allowing them to pick up on a wide range of chemical compounds.

And, like us, dogs have not one but two senses of smell. One picks up on important survival stuff, such as food odors. The other (known as Jacobson's organ or vomeronasal organ) picks up on what's known as pheromones. These chemical compounds transmit signals to other dogs, helping them to detect, for example, a dog's readiness to mate and even potentially another dog's health.

Using that incredible sense of smell, dogs have been shown to sniff out health conditions in people with incredible accuracy. Research suggests that dogs can sense cancer, including prostate, colorectal, ovarian and lung cancers, as well as infectious diseases including COVID-19 and malaria— sometimes by merely sniffing a person's breath — with nearly 100 percent accuracy.

Dogs have even been shown to detect low or high blood sugar levels in people with diabetes or body odors that occur before a seizure, and they can be trained to alert owners by whining or licking their hands.

Given these abilities, detecting changes in a person's pregnancy hormones doesn't seem too far-fetched.

#### Changes in your behavior

Dogs are very attentive and socially responsive, especially with their owners. They notice slight changes in an owner's behavior, which is why some are trained to be registered emotional support companions for people with PTSD, anxiety, depression and other mental health disorders.

During pregnancy, your behavior or routine may change in ways that your dog notices. For example, your dog might notice that you're more tired than usual, that you have major nausea, that you're in nesting mode — or even simply that your baby bump is growing.

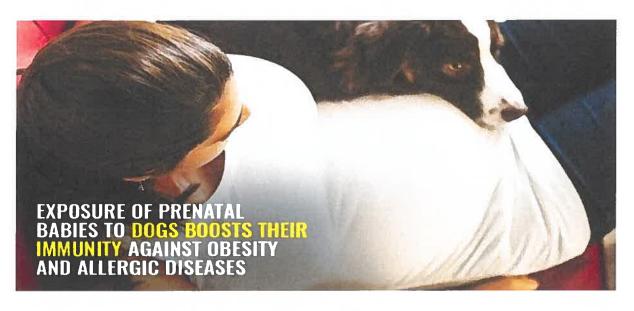
#### Will your dog's behavior change during your pregnancy?

Even if your dog may be able to sense that you're pregnant, it doesn't necessarily mean his behavior will change. While some dogs might become more protective & clingy, yours might seem more fearful around you or simply indifferent.

#### Can dogs sense if you're going into labor?

Major hormonal changes to levels of oxytocin, endorphins, prolactin and adrenaline all play an important role in triggering and sustaining labor and delivery — from instigating contractions that dilate and efface the cervix to preparing the body to breastfeed. Given that dogs can smell hormones, they may also be able to sense hormonal shifts that occur as you're going into labor.

There's no hard science that proves your dog knows you're pregnant or about to go into labor. But if it seems like your dog is acting unusual during your pregnancy, you could be right in assuming that he is really is sensitive to the changes going on in your body. Either way, it's always a good idea to start preparing your dog to welcome a new baby even before your little one's arrival.



#### SOMEONE YOU SHOULD KNOW



#### PUBLIC WORKS DON PANZER

Don Panzer was born in Forest View and has been a resident in town his entire life. He had attended Home School through sixth grade, completed seventh and eighth grade at Saint Pius X School, then attended Morton West High School.

Don went on to pursue a career in construction for more than thirty years. His specialty was working on residential new construction and remodeling.

When asked what he enjoys the most about being employed with our Forest View Public Works Department, Don replied, he loves the variety of work. He also mentioned that he enjoys working outdoors, loves working close to home and truly enjoys all of our residents and this beautiful village.

When Don is not at work, he enjoys spending time with his family. He also enjoys walking his dogs, going fishing with friends and hunting. Don also loves to travel and visit State Parks.

We are very fortunate to have Don on our Public Works team!



#### SUPERINTENDENT WATER & PUBLIC WORKS FRANK FILEC

Frank Filec grew up in the Village of Riverside. He attended and graduated from Riverside Brookfield High School. Frank went on to receive his Class C Water Operator License with the Illinois EPA.

Frank brings water operator experience to our Village. He has worked as a water operator for the Village of North Riverside and the Village of Westchester before joining Forest View in July, 2022.

When we asked Frank what he likes most about his job, he replied that he loves being able to serve our community and he enjoys working with a great staff. Frank mentioned that he is looking forward to serving the Village of Forest View and providing our residents with exceptional service.

When Frank is not at work, he enjoys spending time with his family, golfing and reading.

We would like to Congratulate Frank and his beautiful fiancée Colette on their upcoming wedding.

# THOMOTING AUD WING SENNELL Wellewarn's Day 202

On the 'eleventh hour of the eleventh day of the eleventh month' of 1918 - the war to end all wars was over.

US FOR A SHORT CEREMONY AND REFRESHMENTS

FRIDAY, NOVEMBER 11, 2022 | 11:00 AM

FOREST VIEW VILLAGE HALL, 7000 W. 46TH STREET



## Department of Police

7000 W. 46th Street • Forest View, Illinois 60402 Phone (708) 788-0318 Fax (708) 788-2136



The Forest View Police Department will be conducting its first ever "Citizens Police Academy" this January. The class will meet one night a week for ten weeks. Participants will learn what it takes to be a law enforcement officer in today's society. Participants must be a resident or business owner of the Village of Forest View. Some of the topics that will be taught are:

- > Patrol / Investigation
- > SWAT
- ➤ Bomb
- ▶ K-9
- > DUI and Traffic Stops Training
- > Self-Defense
- > Firearms
- > Drugs / Gangs

The Academy is designed to increase understanding between citizens and the police through education. Our intent is to acquaint citizens with law enforcement's role in the criminal justice system, and to provide increased understanding of the tasks police officers face in their daily work.

The class will run every Wednesday evening from  $6:30 \, \text{pm} - 9:30 \, \text{pm}$ , beginning January 18, 2023 and end on March 22, 2023. The classes will be conducted at the Village Hall, 7000  $46^{th}$  Street.

If you are interested in attending, simply fill out an application, mark your calendars and return to the police department either in person or by mail. If you have any questions, please feel free to contact Chief Steven Stelter at 708-393-3817 or sstelter@forestview-il.org.

# FOREST VIEW Police Dept. 7000 W. 46th St. Forest View, Il. 60402

#### CITIZEN POLICE ACADEMY APPLICATION

The Forest View Police Department Citizens Police Academy is for residents and business owners/employees located within the Village of Forest View. All attendees must be 18 years of age or older. Classes will be conducted one day each week for a period of ten (10) weeks; and will be in the evening, 6:30pm – 9:30pm. A full background check will be conducted for each applicant, and the Forest View Police Department reserves the right to refuse attendance for any applicant that does not successfully pass the background.

Name:		
Name:(Last)	(First)	MI.
Date of Birth:	Drivers License #:	
Home address:		
(Stree	et)	(City)
Telephone:	email:	
Occupation:	Employer:	
Address:	City:	ZIP:
Forest View Business (if applica	able) :(Name)	
Address:	Telephone:	
in this application. I further a	authorizes the Forest View Police Deputhorize the Forest View Police Depanation and the Citizens Po	rtment to conduct a complete crimina
Signature:	Da	te:
All completed applications should	he returned either in person or mailed ha	ack to the Forest View Police Departmen

All completed applications should be returned either in person or mailed back to the Forest View Police Department attention to Chief Steven Stelter. If you have any questions, please contact Chief Stelter at (708) 393-3817, or at sstelter@forestview-il.org.



DEPARTMENT OF POLICE 7000 West 46<sup>th</sup> Street Forest View, Illinois 60402 Steven Stelter Police Chief

EMERGENCY: 9-1-1 Business: 708.788.0318 Fax: 708.788.2136

sstelter@forestview-il.org

# Village of Forest View CodeRED Emergency Notification System

The Village of Forest implemented a program to provide its residents, businesses and visitors with emergency notifications in the event of serious situations or during other events that may warrant community notification, such as disruption of Village service/water shut-off, flood warnings, major or prolonged weather conditions, etc. These notifications are meant to provide information that is critical to the safety and well-being of Forest View residents, Forest View businesses and their employees, and visitors. Notifications are provided via landline telephone, cell phone, or email, whichever way(s) you elect. Please Note: You may elect one or more of those ways to receive notifications. The notification system will dial each number in our system within the affected area and provide the person with any pertinent information regarding the emergency. These notifications are not intended to replace critical time-sensitive information that is provided via the Emergency Alert System, which is broadcast via television and radio stations, along with NOAA Weather Radio.

#### How do I sign up?

Go to the Village of Forest View CodeRED web site at <a href="www.villageofforestview.com">www.villageofforestview.com</a> A sign up box will appear that will allow you to enter your notification information. You also can complete the enclosed CodeRED Community Notification Enrollment form and drop it off at the Police Department or Village Office, send via regular postal service to the address captioned above, return via email to <a href="mailto:info@forestview-il.org">info@forestview-il.org</a> or call 708-788-0318 and speak with one of our communications specialists to complete your registration over the telephone.

# Village of Forest View CodeRed Sign-Up

## Go to the Village of Forest View CodeRED web site at <a href="https://www.villageofforestview.com">www.villageofforestview.com</a> or fill this form out

First Name:	Last Name:	
Address:		
Home Phone #:	Phone	Carrier:
Cell Phone #:	Phone	Carrier:
Email:		
Receive: Text Messages: Y/N	l Email: Y/N	Phone Calls: Y/N
Terms and Conditions		
By adding your phone number that deliver messages from your pre-recorded and sent through	our local munici	pality or employer that are
The CodeRed Emergency mes	ssage will have a	caller ID of 866-419-5000.
The CodeRed General messag	ge will have a cal	ler ID of 855-969-4636.
Initials:		10/2021

#### **WELCOME HOME**

We would like to Welcome Cruz Hernandez home from Boot Camp. Congratulations & Thank You for your service!





















## OKTOBERFEST

































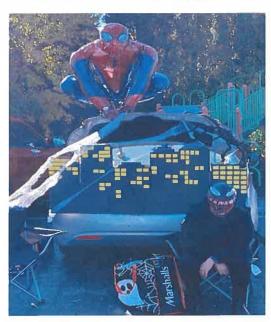


## HOME SCHOOL TRICK OR TRUNK





















EVERY CHILD IS AN ARTIST



I got this recipe from a Betty Crocker cookbook back in the 70's (when I was just a kid and learning how to cook) so it's very easy. I've been making this ever since. It involves layering thinly sliced potatoes with heavy cream and grated cheese in a baking dish, and then baking until the cream thickens and blankets the potatoes in a rich, creamy sauce.

#### Only 4 ingredients plus salt and pepper.

#### Potatoes Au Gratin

The best potatoes to use for au gratin potatoes are russets; they have the most starch and make the creamiest sauce.

You may be tempted to cut calories by using half & half or milk in place of the cream. Don't! This is one of those recipes that really requires heavy cream in order to thicken up.

You will need a 2qt baking dish (corning ware) 1 stick of butter, 10 oz tub of grated parmesan, (I use Frigo brand from WalMart)

1-32 oz carton of heavy whipping cream and about 10 small to medium size russet potatoes.

Begin by peeling potatoes and then slice thin and as uniformly as possible.

<u>Heavily</u> butter a 2-quart baking dish. (I don't use spray, butter adds flavor) Arrange some of the potato slices, edges overlapping, in a single layer on the bottom of the dish.

Sprinkle with salt and pepper

Sprinkle a quarter of the cheese over the potatoes.

Pour a quarter of the cream over top. (1 cup)

Repeat with the remaining potatoes, salt & pepper, cheese, and cream, forming four layers. Pour any leftover cream over top. Dot with sliced butter, about 5 - 1/8"slices.

Place in the oven @ 385 and bake, uncovered, for 60 minutes, or until the potatoes are tender when pierced with a fork and golden brown on top. The top layer of the potatoes should be golden by the time the dish is done baking. I strongly suggest putting baking dish on a cookie sheet as it will probably bubble over. 10 minutes B-4 done, if desired, you can sprinkle with paprika or fresh thyme leaves, or parsley or basil and serve. Make it to your taste. I just use dried parsley and spoon the sauce over it a bit. I've never tried this with Cheddar cheese but it's on my "to do" list.

This is a very rich and filling dish so you don't need a lot of other sides. You'll be too full!



ISTMAS HOME DECORATING CONTEST

Show off your holiday spirit and enter the Village of Forest View's Christmas Outdoor Home Decorating Competition. REGISTRATION BEGINS ON NOVEMBER 26<sup>TH</sup> ENDS DECEMBER 16<sup>TH</sup>

We will be awarding the top three houses for Christmas.

Winners will receive a gift card.

YOU MUST REGISTER - NO REGISTRATION FEE.

TO REGISTER, CALL (708) 788-3429

OR EMAIL info@forestview-il.org

THE OUTSIDE OF YOUR HOUSE MUST

BE DECORATED BY DECEMBER 17TH.





November, 2022

#### Happy Holidays - An Important Update for All Children on Santa Claus

Dear Children and Parents of the Village of Forest View:

As President of the Village of Forest View, I am proud to announce that **after years of negotiations with the North Pole**, our Village has created a direct line of communication between the **Village of Forest View and Santa Claus himself!** 

For many years, my office has been working on building a connection with the North Pole, and I am happy to report that **the magic and the believers in this village have made it possible!** Thank you for your help in making it happen!

Because of this connection, I invite all of you to write your letters to Santa Claus. Then, stop by Village Hall, 7000 W. 46<sup>th</sup> Street by Wednesday, December 14<sup>th</sup>.

We will get your letters up to Santa himself, and he will even provide you with a response!

Please see the sample letter that Santa sent to us to get to you to fill out. **Don't** forget to put your address on your letter so that Santa can respond to you!

Thank you all for believing - I offer you and your family my warmest thoughts and best wishes during this holiday season. All the best to you in 2023!

Sincerely,



Nancy L. Miller President, Village of Forest View

4	
	Dear Santa,
	Hello! This Christmas, I will be years old, and my
	teacher is at School!
	This year I have been
	Good all of the time
	Good some of the time
	Naughty (but I can explain)
	I am proud of myself, because this year, I did some
	nice things - including:
	What I would like most for Christmas this year is
	and
	and I promise to leave out for you!
	Merry Christmas Santa!
	Love,
	First Name Last Name
	P.S. Please tell I said hello!





## \*\* The Board meets in the Municipal Building on the second and fourth Tuesday of the month and the meetings begin at 7:00 P.M and are open to the public.\*\*

#### May 10, 2022

President Miller is supporting the United States Coast Guard and National Safe Boating Council with the Safe Boating Campaign. President Miller is proclaiming May 21<sup>st</sup> – May 27<sup>th</sup> as National Safe Boating Week in the Village of Forest View, Illinois and urge all residents to always practice safe boating techniques while on our lakes and waterways.

President Miller is requesting recognition of 35 years of A.B.A.T. E. of Illinois, Inc and over 352,318 registered motorcyclists statewide and in recognition of the continued roll Illinois serves as a leader in motorcycle safety and awareness. President Miller is proclaiming the Month of May, 2022 as Motorcycle Awareness Month urging motorists to join to improve safety and awareness on our roadways.

Chief Jones is seeking the board's approval to enter into an agreement with Alexis Fire Equipment Company for the refurbishment of the Village's 1999 Pierce Fire Engine.

Happy to report that the Village received the Edward Byrne Memorial Justice Assistance Grant from Cook County that was applied for in December. The Village is receiving \$111,000 which will help defray the one-time costs associated with changing dispatch centers. A special thanks to Sargent Perez and Chief Jones who assisted in applying for this grant.

#### June 21, 2022

Commissioner Aguilar discussed meeting with new Director in Emergency Management and is working on FEMA grants and invited the Board to join him tomorrow at the Franklin Park Fire Department. He reported that six towns applied for the JAG grant that funds reimbursements for their dispatch centers and

was happy to hear that the Village of Forest View received the grant.

Officer Salomon Guzman was sworn in as a Full time Police Officer. Fellow officers, friends and family were present at the meeting to congratulate Officer Guzman.

Village Administrator Dropka pointed out that when you call the non-emergency police number after hours, you will be prompted with an option to press number one (#1) for non-emergency police service, and you will be directly connected with the dispatch center. You will no longer need to hang up and dial a new number.

#### July 26, 2022

Village Administrator Dropka discussed quotes from Current Technologies for six new computers and three monitors. He is requesting to purchase one (1) computer for Police task force officers to take out on calls, two (2) new computers for the two new squads, two (2) desktops and monitors for the squad room and processing room and one (1) computer and monitor for the Village Clerk/Treasurer at a cost of \$ 17,118.21

The Board approved a new camera system from Current Technologies in and around the Village Hall. The first phase of the project will cost \$32,850.81 and the second phase will cost \$23,066.75. The total cost for the security cameras will be \$55,917.56 and will include an annual service charge of \$921.00.

Village Administrator Dropka discussed a quote from CIS RMS systems for the new CAD System and buildout so that we can begin getting work completed for the switchover to Cicero dispatch scheduled for December 5, 2022. As mentioned previously, the JAG Grant that the Village received for \$111,655 will assist in paying for this.

Village Administrator Dropka discussed the Water Main Improvement project that was approved in January allowing Hancock to begin designing the project and obtaining the permits for the project located in the joint Fee Strip just south of 4617 Clinton and 4624 Kenilworth.

Superintendent Filec is requesting the Boards approval to purchase a Bobcat L28 small articulated loader. This machine will allow Public Works to clean and maintain village sidewalks during our winter season.

We are planning to discuss an Intergovernmental Agreement with Cicero soon and will present it at the August Board meeting for approval. Our Village Attorney has started to prepare an Intergovernmental Agreement for lock up services with the City of Berwyn.

ATS is conducting our annual leak survey for pretty significant problems with valves, hydrants, and water leaks.

Riccio Construction Company has been out and has addressed problems we had with hydrants, valves and water leaks which should help with our water accountability moving forward.

Superintendent Filec is currently working with Hancock to give us an index for our worse parts of our sewer system allowing us to move forward with the project.

In the next two weeks, Bluder's will come out to trim the Locust trees. The heavy trimming will start in October and the trees will be trimmed to a height of 17 feet.

We have obtained a Tree Grant with Open Lands which is a conservatory in Illinois and we are anticipating planting the trees in Spring of 2023.

Police Chief Stelter reported that the cameras have been installed in the Police squad cards and body cameras will be ordered in the next couple of years.

Fire Chief Jones mentioned that his department has conducted 470 hours of training and had six station tours.

#### August 23, 2022

Fire Chief Jones presented Certification for Recognition to Boy Scouts from Troop # 1439 for their Eagle Scout Project that produced two drying racks for Village firefighters. The racks help the firefighters dry out their fire gear after they have been washed and will allow them to dry several sets of gear at once while cutting down on drying time. The cost of purchasing the racks, would have been thousands of dollars.

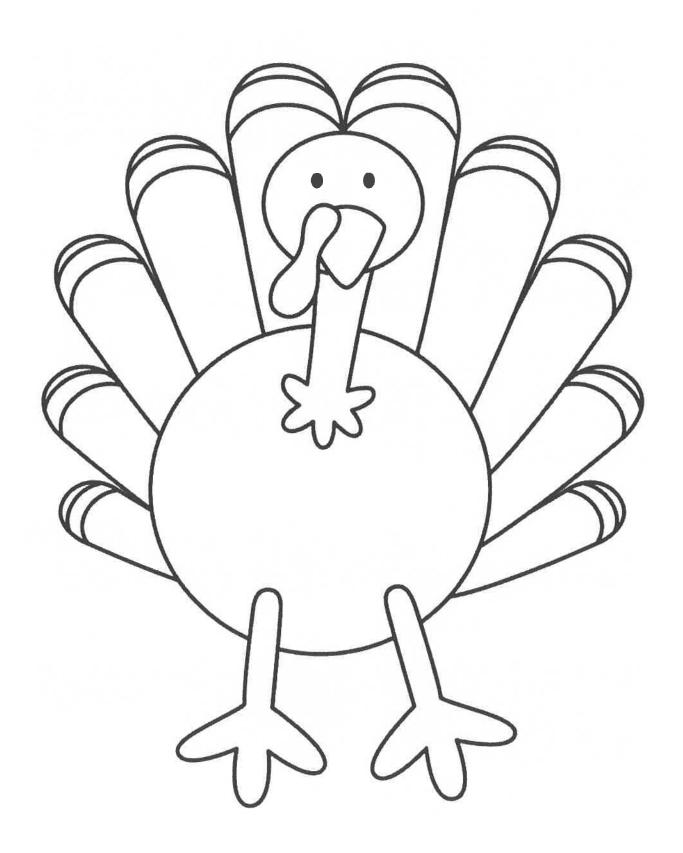
President Miller discussed Resolution R22-06, proclaiming September 19<sup>th</sup> through September 25<sup>th</sup>, 2022, National Rail Safety Week and is encouraging all citizens to recognize the importance of rail safety education.

Andreas Construction will be out to replace concrete for 103 sidewalk squares that fall under our trip and fall parameters of 1.5 inches.

Forest View's Police Department participated in the Cop on Top at Dunkin Donuts. They appreciated everyone who came out to support the Special Olympics Event which is one of the top two fund raising events in the world. They reported that Forest View brought in \$2,500.00. The Officers had a good time going on the roof and shouting out to everyone.



**CALLING ALL LOCAL ARTISTS......** COLOR & DECORATE, THEN DROP YOUR MASTERPIECE OFF AT THE VILLAGE HALL. YOUR ARTWORK WILL BE DISPLAYED IN OUR LOCAL ARTISTS CORNER. DON'T FORGET TO INITIAL YOUR ART.





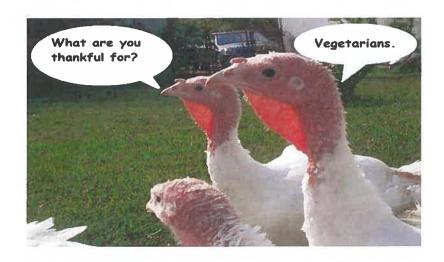
## LAUGH OUT LOUD .....



WHAT'S THE BEST THING TO PUT IN PUMPKIN PIE?



Your Teeth





WHAT KEY HAS LEGS AND CAN'T OPEN A DOOR

A Turkey



## WORD SEARCH

#### FIRE UP THE SEARCH:

ANCHOVIES
ARTICHOKES
BACON
BASIL
BEEF
BLACK OLIVES
CHICKEN

EXTRA CHEESE
GARLIC
HAM
JALEPENOS
MUSHROOMS
ONIONS
PEPPERONI

PEPPERS
PESTO
PINEAPPLE
SAUSAGE
SPINACH

S Z E 5 B G S G I Q K X P G Z N M D R S 0 A 1 I K K E 0 E 0 Z S E 0 N B 0 0 S X S E P M B Q T E E P -R 5 M E G S R 0 S C S N E F I D R E S C N S G Q