

# VILLAGE OF FOREST VIEW NEWSLETTER



TEMPLATE.NET

2025



When I was running for Mayor 4 years ago, I had a vision of what I wanted to accomplish during my term. My first priority was street paving – 45th & Home being one of the worst. I would have been happy to see just that one street paved but we were able to do more with the final phase coming in September. My 2<sup>nd</sup> goal was to get a website. Last but certainly not least was to focus on Public Works, which to me seemed to be the “red-headed step child” when it came to improvements. We know this department cannot be put on the back burner especially when it come to our water department. We have the best and safest water in this area so I don’t understand why people waste money on bottled water, which, by the way, is NOT regulated by the EPA.

I am proud to say, I have fulfilled my campaign promises and then some.

We have strengthened our relationship with the Police and Fire departments in the surrounding towns.

We were named Tree City USA by the Arbor Day Foundation in 2023.

We’ve had a lot of “firsts” during my term. To name a select few: Veterans Day Celebration, Halloween and Christmas house decorating contests with prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place. Valentine Greeting postcard to all residents. Easter egg delivery to all residents in Forest View.

A pet parade, which was Laura McGuffey’s idea; our Clerk/Treasurer. Christmas cards to all residents and businesses. We formed a direct line of communication with the North Pole so kids can write letters to Santa and receive a personalized letter in return. All they have to do is deposit their letter in a special mailbox in the village Hall. Mrs. Claus now joins Santa for his traditional visit on Christmas Eve via the Forest View fire truck passing out candy to all who are outside in their front yard. We have a closer relationship with the Park District which I hope continues and thrives. We have a book exchange in Village Hall, a bulletin board w/items of interest/upcoming events in Forest View as well as other towns. We have a Kids Corner where kids (or adults) can display their coloring pages that are in the newsletter. We have a “I Live Alone” form that is kept on file. A chip scanner for pets. The village foyer is decorated on holidays and Hallmark days and informative literature and brochures are provided free of charge. Let’s not forget the Oktoberfest’s we had with live bands, ethnic food and beer and all kinds of fun activities, games and contests for kids and adults.

I hope the incoming administration continues to keep the “Cinderella Village” title and feel that is associated with Forest View and that they continue to apply for grants so that our taxes in Forest View can continue to remain the lowest compared to the surrounding areas.

And again, I hope the new administration continues to work with the Park District to keep their events striving. The Park District was always an important and memorable part of my childhood as well as my children’s. I urge the residents to take advantage of what their talented team has to offer.

Best wishes to the new administration and board and many, many thanks to all of you who supported me the last four years!

Village President  
Nancy L. Miller  
2021-2025



**Meat can  
BREAK  
your heart.**



[PCRM.org/HeartDisease](https://www.pcrm.org/HeartDisease)

Paid for by the Physicians Committee for Responsible Medicine

## ‘Meat Can Break Your Heart,’ Warn Billboards in States With High Heart Disease Mortality

“**M**eat Can Break Your Heart,” warned billboards the Physicians Committee put up in February—American Heart Month—in the five U.S. states with the highest mortality rates for heart disease.

Mississippi ranks first for heart disease mortality in the United States, followed by Oklahoma, Alabama, Arkansas, and Louisiana. The Physicians Committee also urged the governors of those states to enact Heart Month proclamations that recommend plant-based diets and warn against meat.

The billboards, which referred motorists to [PCRM.org/HeartDisease](https://www.pcrm.org/HeartDisease) to learn about the dangers of meat, were in Jackson, Miss., Oklahoma City, Okla., Montgomery, Ala., Little Rock, Ark., and Baton Rouge, La.

“Simply stated, meat can ‘break’ your heart,” wrote Anna Herby, a registered dietitian and nutrition education program manager with the Physicians Committee, in a Jan. 25, 2023, letter to Mississippi Gov. Tate Reeves. “Abundant research shows that consuming meat regularly increases the risk for dying from heart disease. Eating foods high in saturated fat, such as meat, raises LDL ‘bad’ cholesterol levels, which increases heart disease risk, and research shows that both red and white meat raise cholesterol levels equally.” Herby also wrote to Mississippi State Health Officer Dr. Daniel Edney. Herby sent similar letters to the governors and health officers of Oklahoma. Physicians Committee members Cynthia L. Morgan, MD, MPH, of Fayetteville, Ark.; R. Jason Newsom, MD, MPH, of Montgomery, Ala.;

and Ronald R. Quinton, MD, FACS, CCMS, of New Orleans, La., sent letters to the governors and health officers of their states.

Some 199,000 people in Mississippi have coronary heart disease, according to the National Heart, Lung, and Blood Institute. That number is 232,000 in Oklahoma, 304,000 in Alabama, 199,000 in Arkansas, and 240,000 in Louisiana.

The saturated fat in meat is not the only factor that increases heart disease risk. A study published last year found that as meat is digested in the intestinal tract, gut microbes produce chemicals that increase the risk for heart disease. Participants who were eating at least one serving of meat every day had a 22% higher risk of heart disease. Iron in meat is also linked to heart disease. In a meta-analysis, heme iron found in meat increased the risk of heart disease by 57%. Conversely, non-heme iron found in vegetables showed no relationship to risk or mortality from heart disease.

Plant-based diets, on the other hand, can help prevent and even reverse heart disease. A landmark 1990 study by Dean Ornish, MD, tested the effects of a plant-based diet and lifestyle intervention on participants with moderate to severe heart disease. There were no surgeries, stents, or even cholesterol-lowering drugs—just simple diet and lifestyle changes. Within weeks, 90% of participants’ chest pain diminished. After just one month, blood flow to the heart improved. After a year, angiograms showed noticeably widening arteries in 82% of participants. 🌱

# VILLAGE OFFICE...



## ANNUAL DOG LICENSE/TAG



We would like to take this opportunity to remind all residents our Village Ordinance requires that **all dogs be licensed annually** with the Village Office and wear an up-to-date dog identification tag. To make it not only **easier to remember** but also more **convenient** to do so, 2025-2026 dog license/identification tag(s) should be purchased along with the purchase of your vehicle sticker(s) in the **month of June** per Village Code. One stop! To obtain a license, owners should fill out the registration form and must show proof of a current rabies vaccination to the Village Office. Forms are available in the Village Hall or may be printed from our website. The dog license/identification tag is only \$1.00. Dog identification registration tags are helpful to the pet owner should the dog get lost. As a reminder, per Village Code, no more than three (3) dogs are allowed per residence. Don't be subject to a \$50.00 citation, **please remember to purchase your dog license(s) this June...and every June thereafter!**



**PLEASE NOTE:** The Village Office will be closed on Monday, May 26<sup>th</sup> in observance of Memorial Day.

## VEHICLE STICKERS SALES

Looking ahead, vehicle stickers for 2025-2026 will go on sale in the Village Office on **Monday, June 2<sup>nd</sup>, 2025.**

Applications for vehicle stickers are available in the Village Hall or may be printed from our website. It is the responsibility of each resident to purchase the appropriate vehicle stickers each and every year. License plate numbers are required on all vehicle sticker applications. The new stickers should be displayed on your windshield no later than July 1, 2025. **Stickers purchased after June 30<sup>th</sup> will be subject to a late penalty fee.**

<b><u>VEHICLE STICKER PRICES ARE AS FOLLOWS:</u></b>	
Passenger Car:	\$ 10.00
Recreational Vehicle:	\$ 15.00
Trucks: Class B	\$ 25.00
Class D	\$ 45.00
Class F,H,J, K, and Bus	\$100.00
Class N and up Plus, weight tax vehicles	\$140.00
Senior Citizens: 65 and older (one per household)	\$ 2.00
Veterans:	\$ 2.00
New Vehicle Purchased During the Year...within 30 days of purchase (after penalty charges will apply)	

We are excited to announce that we will be offering a discounted vehicle sticker for our Veterans in June. The Veterans Vehicle Sticker will cost \$2.00. Should the individual have one vehicle, and already qualifies for the senior discount, the vehicle sticker fee shall be waived.  
**Thank you for your service.**

# VILLAGE OFFICE

## BUILDING PERMITS

You will be fined \$250.00 plus double the cost of the Building Permit if you start work without obtaining a Building Permit. **NO EXCEPTIONS.**



**A building permit must be obtained prior to the construction, alteration/remodel or repair of any house/property whether doing the work yourself or by a contractor.**

Permits are needed for, but not limited to, the following: alterations involving moving or adding walls, basement finish-out, electrical and plumbing work, HVAC work, shed, fence, deck, patio, roof, driveway, window replacement, siding, solar panels, swimming pool. **If you're not sure if a permit is required, please call the Village Office at 708-788-3429.** Some building permits require a fee, however for many projects, there is no fee at all for the permit.

Permits are required to ensure that the work adheres to Forest View Building Codes. Also permits can guarantee that a contractor is insured and bonded and the homeowner is protected from fraud.



## Before You Dig, Call (or Click) JULIE

If you are planning an outdoor project, call JULIE before you dig to avoid injury and/or damage to underground utilities. Simply call 811 or 1-800-892-0123. The call is free and so are the services. Call center representatives are available 24 hours a day, seven days a week. Or you can log on to [www.illinois1call.com](http://www.illinois1call.com) and click e-request to enter your request.

## COMPOST

Compost pick up started 04-02-25. If using a garbage can for compost, you must place a compost sticker on the can. Stickers are available at the Village Office. Biodegradable bags do not require a sticker.

## ORDINANCE REMINDER

Per Village Ordinance Chapter 2, Section 9-2-3, Vehicles blocking sidewalks 2 feet or more will be ticketed. Please do not block the sidewalk.

Additionally, please make sure you or your guests do not drive up on the curb and park your vehicle on the courtesy walk. The courtesy walk is there for convenience when parking on the street. Any vehicle parked on the courtesy walk will be ticketed.

## GARAGE SALES



Spring/summer cleaning in many cases means garage sales.

Just as a reminder, sales are limited to two (2) per household per year. There is no fee to hold a sale, but a permit is required. Permits should be obtained at the Village Office three (3) days prior to the planned sale. Sale hours are limited between the hours of **9:00 a.m. and 5:00 p.m.** and sales cannot last more than three (3) consecutive days. Regular items found around the house are allowable in garage sales; however, arts and craft items are not. All advertisements must be removed from the parkway within 24 hours of the completion of the sale, and **at no time are signs to be placed on street light poles, stop signs or parking signs.**





## **HOME OCCUPATIONS**

We are a small, tight knot community and running a home occupation can have a direct impact on your neighbors, so you should consider that when starting or running a home occupation. Home occupations are regulated by the Village.

What is a home occupation?

It's when you or an immediate family member that lives with you, runs a business out of your house. Nothing can be sold directly on the premises and you can't bring in anything special in the way of equipment or machinery to create what you want to sell.

You can have an arts/craft/ceramics studio, or a dress making shop as long as the business is in the house.

You can use a home office for religious, legal, architecture, engineering, or accounting consulting services.

Hair salons are limited to one person at a time or 3 customers per day.

The entire home occupation has to be conducted inside the house (not a detached garage or shed) or via the internet and cannot involve the sale, receipt, or delivery of merchandise on the premises.

You can't use your driveway or garage to repair anything such as cars, motorcycles, lawn mowers, etc.

Exterior advertising for the home occupation is strictly limited. Please call the Village Hall for more details.

Finally, you have to have a business license approved by the Village Board.

Please call the Village Hall at 708-788-3429 if you have any questions.

## **PLANNING ON RESIDING YOUR HOME?**



**PLEASE REMEMBER –** This box, called an “MXU”, is how the Village reads your water meter. When siding is being removed from your house, be careful not to break/lose this device. Cost of replacement will be the responsibility of the homeowner. You may also call the Village Office to request Public Works to remove and store during a siding project.

# PUBLIC WORKS

## YARD WASTE

Yard waste pick-up has officially begun on **Wednesday, April 2<sup>nd</sup>**. Grass, branches, leaves, and other natural waste can be put into brown yard waste bags or into containers not exceeding 35-gallon size with a **COMPOST ONLY** sticker on the container. **BIODEGRADABLE YARD BAGS DO NOT NEED A STICKER. PLASTIC BAGS ARE NOT ACCEPTED.** If you need stickers for a container, they are available free of charge in the Village Office.

## LAWN MAINTENANCE



Homeowners can help keep our community neat and attractive by regularly mowing their lawns. Please do not mow/divert the grass into the street as it will clog up the sewer system. **Please make sure your landscaping company does NOT divert the grass into the street. Forest View Village Code requires that grass/weeds be maintained at a height of five inches (5") or less.** Grass/weeds that are neglected and allowed to grow longer than 5 inches is considered a nuisance and the Public Works crew may cut and bill property owner or lessee \$150.00 for the 1<sup>st</sup> cutting and \$325.00 for subsequent cuttings during the same calendar year. **Please be considerate of your neighbors and community by keeping your lawn mowed.**

## PARKWAY TREES



Remember, trees that are located on the parkway belong to the Village and **cannot be cut or trimmed by residents.** If you have a concern about a tree on your parkway, please contact the Public Works Department at 708-788-3429.

## STREET SWEEPER:

Although we do not have parking restrictions for sweeper days, if you notice the sweeper is out, please try to keep cars off the street until the sweeper has finished your block. We usually run the sweeper once per week on an as needed basis. In Spring and Fall this can increase to 2-3 times per week.



## STREET PAVING

- Work is set to start March 31<sup>st</sup>
- 46<sup>th</sup> Street from Harlem to Oak Park
- 45<sup>th</sup> Street will be open at Harlem during construction

Please be mindful of signage, parking restrictions, and workers during construction.

**GROOT** will only pick up glass if it is taped or placed between two pieces of cardboard.





### TICKET FINES

Please watch your speed in town. Ordinance 23-14 has been approved to protect the Forest View residents from speeders through town. The fine for speeding will be \$250.00. The fine for speeding 26 miles per hour or over will be \$500.00. Keeping our residents safe is our number one priority. These fines will be enforced through our park and school zones.

### ONLINE PAYMENTS

All tickets can be paid online through the Village's website. Please visit [www.forestview-il.org](http://www.forestview-il.org) to make a payment.

### TIP 411

If you notice any suspicious activity, send anonymous tips directly to our Police Department. Text keyword FVPD to 847411, add a space, type your message, hit send.

Please visit our website @ <https://www.forestview-il.org> for latest updates in our area.

### CodeRED – Sign-Up Today

The Police Department encourages **ALL** residents to subscribe to this **FREE** program.

Please go to [www.villageofforestview-il.org](http://www.villageofforestview-il.org) to register. If you need assistance or prefer a paper copy please call the Village Office at 708-788-3429.

### SOLICITORS

As the weather breaks, look out for home repair scams and fraud. Remember, door-to-door solicitors must first obtain a Solicitor's Badge from the Police Department that must be worn around their neck. Please note that just because a solicitor is wearing a

badge does not mean the Village sanctions the product or solicitation cause. Solicitors may operate only Monday - Saturday between the hours of 9:00 a.m. - 5:00 p.m. and are not allowed on Sundays or holidays. "**NO SOLICITORS**" decals are available at the Village Office free of charge. Please report any solicitation without a badge or during non-soliciting hours or disregard of posted "**NO SOLICITORS**" decal to the Police Department at non-emergency number 708-788-0318.

### PRESCRIPTION DRUG TAKE BACK PROGRAM



Reminder: We have a locked prescription drug drop box. The box is located in the Village Hall next to the Police Department. Please remove personal labels and thank you for participating in the Prescription Drug Take Back Program.





From the Desk of the Fire Chief:

As we welcome spring, we changed our clocks forward, please remember to also change the batteries in your smoke and carbon monoxide detectors. Your detectors are only good for a ten-year life span. If you are not sure how old your detector is, you may want to replace it.

One last thing to keep in mind, if you have a medical alert system or a residential fire alarm system, we have the Knox Box System in place here in the Village. This system is a secured steel box that hangs on your door and allows us access to your home in the event of an emergency without causing entry damage. Once the emergency is over, we can re-secure your home. If you have any questions, please contact me at the station to discuss the system.

Sincerely,

Mark Jones

Fire Chief

Forest View Fire Department



**The Village has a tornado siren which is tested the first Tuesday of every month at 10:00 a.m.** The siren wails for one (1) minute. If you hear the siren at other times, it is a warning that a tornado has been sighted and may be headed towards our Village. If this happens, you should move to a safe place.

Although tornadoes can occur at any time of the year, they most frequently occur in spring and summer. By reviewing the following basic tornado safety points, you will be better prepared to protect yourself and minimize chance of injury:

- Remain inside – go quickly to a safe area **away** from windows, doors, corners and outside walls. The basement is a safe place; if none, go to **lowest-level, interior room**, with **NO windows** (such as closet, bathroom, or interior hallway).
- Listen to the radio or TV for severe weather alerts and updates. Keep a battery-operated radio.
- Be aware of flying debris. *Crouch down* under a heavy/sturdy piece of furniture such as a table, *bend over*, and *cover your head and neck with your arms* and use pillows, cushions, or any other cushioning materials.
- If you are in a car, get out right away. Get inside a sturdy building.
- If you are outside and cannot get inside, lie flat in a ditch or another low-lying area. Cover your head with your arms.

\*Source: National Fire Protection Association



# *Centennial*

**1924 FOREST VIEW 2024**

**SALE**

***Show your pride and help out by purchasing our stylish T-shirts, sweatshirts, and hoodies! Every purchase goes towards supporting local initiatives and community projects.***

**Available for Purchase in the Village Hall**

**9:00 am – 5:00 pm**

**Cash & Credit**

**Sizes: Small to XXX-Large**

• T-SHIRTS - \$10.00



• SWEATSHIRTS - \$15.00



• HOODIES - \$20.00



• *Thank you for your support*

# Puzzle 19

## Presidential Trivia



- Which president had an alligator as a pet?
  - James Madison
  - John Quincy Adams
  - John Tyler
  - Andrew Johnson
- Which president served the shortest term?
  - William Harrison
  - Zachary Taylor
  - James Garfield
  - Richard Nixon
- Who was the oldest president to be elected?
  - Zachary Taylor
  - William Harrison
  - Ronald Reagan
  - Gerald Ford
- Who was the youngest president to be elected?
  - John F. Kennedy
  - William Clinton
  - James K. Polk
  - Grover Cleveland
- Who was the shortest president?
  - Benjamin Harrison
  - Martin Van Buren
  - James Madison
  - John Quincy Adams
- The term "First Lady" was first used in reference to which presidential wife?
  - Dolley Madison
  - Lucy Ware Webb Hayes
  - Priscilla Cooper Tyler
  - Jane Appleton Pierce
- How many presidents were assassinated in office?
  - 5
  - 4
  - 7
  - 3
- How many presidents had unsuccessful assassination attempts on their lives?
  - 6
  - 5
  - 10
  - 8
- Which president was born on July 4th?
  - John Quincy Adams
  - Gerald Ford
  - Lyndon B. Johnson
  - Calvin Coolidge
- What was George Washington's presidential salary?
  - \$15,000
  - \$25,000
  - \$50,000
  - \$40,000
- Who said, "We grow great by dreams. All big men are dreamers"?
  - Thomas Woodrow Wilson
  - Abraham Lincoln
  - George Washington
  - Ulysses S. Grant
- Who is credited for this famous quote: "A man is known by the company he keeps, and also by the company from which his is kept out."
  - Ronald Reagan
  - Theodore Roosevelt
  - Harry S. Truman
  - Grover Cleveland
- Which president had the most children?
  - Theodore Roosevelt
  - Benjamin Harrison
  - John Tyler
  - Rutherford B. Hayes



14. Who was the only unmarried president?
  - a. Thomas Woodrow Wilson
  - b. Abraham Lincoln
  - c. James Polk
  - d. James Buchanan
15. Who was referred to as the "Teflon President"?
  - a. William Clinton
  - b. Ronald Reagan
  - c. James E. Carter
  - d. Herbert C. Hoover
16. Only one vice-president served a president due to a resignation. Who was he?
  - a. Gerald Ford
  - b. Calvin Coolidge
  - c. Chester A. Arthur
  - d. Lyndon B. Johnson
17. Which president served two non-consecutive terms?
  - a. Thomas Jefferson
  - b. Ulysses S. Grant
  - c. James Madison
  - d. Grover Cleveland
18. George Bush said that this president was "known to receive guests in his bathrobe and slippers."
  - a. Thomas Jefferson
  - b. John Adams
  - c. James Madison
  - d. Martin Van Buren
19. Which First Lady had the very first bathtub with running water installed in the White House?
  - a. Emily Ellison Taylor
  - b. Abigail Fillmore
  - c. Jane Appleton Pierce
  - d. Priscilla Cooper Tyler
20. Who was the first president to wear trousers instead of knee breeches?
  - a. Thomas Jefferson
  - b. James Monroe
  - c. James Madison
  - d. John Quincy Adams
21. Who was the first president to be born a U.S. citizen?
  - a. Andrew Jackson
  - b. William Harrison
  - c. John Adams
  - d. Martin Van Buren
22. Besides President Clinton, who was the only other president to be impeached?
  - a. Richard Nixon
  - b. Lyndon Johnson
  - c. Andrew Johnson
  - d. Harry S. Truman
23. Which president was awarded the Nobel Peace Prize?
  - a. Ronald Reagan
  - b. Theodore Roosevelt
  - c. Franklin D. Roosevelt
  - d. William McKinley
24. Which president is credited with the creation of the phrase "OK" or "Okay"?
  - a. Martin Van Buren
  - b. John F. Kennedy
  - c. Zachary Taylor
  - d. James Buchanan
25. Which president was famous for his cooking?
  - a. James Carter
  - b. James Garfield
  - c. Dwight D. Eisenhower
  - d. Calvin Coolidge



## **REMEMBER:** Mother's Day is Sunday May 11

It's always important to show your loved ones some TLC, but sometimes the calendar provides a special day reminding you to do so. Grab your pen and mark the date, Mother's Day is on its way.

The holiday honors mother figures, giving us the chance to remind them how loved and appreciated they are. Whether you celebrate by gift-giving or spending quality time, don't forget to honor yours this year!

Here's how Mother's Day came to be and when we'll celebrate the holiday in 2025.

In the United States, Mother's Day falls on the second Sunday of May. In 2025, Mother's Day is May 11.

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### **Why is Mother's Day celebrated?**

Celebrating mothers and motherhood dates back to the ancient Greeks and Romans, according to the History Channel. During that period, festivals were held for Rhea and Cybele, the mother goddesses.

The origins of Mother's Day also derive from the religious roots of Mothering Sunday. Originally on Mothering Sunday, it was tradition to return to the "mother church" for a special service.

Mother's Day celebrations in the U.S. began around the 20th century, thanks to Anna Jarvis. Jarvis was the daughter of Ann Reeves Jarvis, who was responsible for creating the Mothers' Day Work Clubs. These clubs provided aid to mothers, teaching them childcare strategies.

When Ann Reeves Jarvis died in 1905, her daughter sought to create a holiday that honored the "sacrifices mothers made for their children." Three years later, in May 1908, Anna Jarvis organized the first official Mother's Day celebration at a church in West Virginia, the History Channel reports. In the years following, she participated in a letter-writing campaign to push for Mother's Day to be adopted across the nation. By 1914, President Woodrow Wilson designated it a national holiday.

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### **Is Mother's Day the same day around the world?**

The date of Mother's Day can vary depending on where you live. Across the globe, many countries have their own version of the holiday.

For example, the United Kingdom celebrates Mother's Day on "Mothering Sunday," which is the fourth Sunday of Lent. In Thailand, Mother's Day is celebrated on Aug. 12, which is the birthday of former Queen Sirikit.

Other countries, such as Japan, Italy and Brazil also observe Mother's Day on the second Sunday of May.



My mom made these cookies every Christmas. As I was looking for a recipe for the newsletter it occurred to me that these cookies would be very good in the summer. I love lime and find anything with lime (or lemons) very refreshing. Enjoy!

Heat oven to 350

1 cup butter – softened

1 egg yolk

1-1/2 Tablespoons grated lime rind

1 T lime juice

¾ cup confectioners sugar (powdered)

2 cups flour

¼ t salt

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Lime Drizzle:

2/3 cup confectioners sugar

1 T lime juice

Green decorator sugar

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Beat butter, egg yolk, lime rind and juice in large bowl until smooth. On low, beat in sugar, flour & salt until blended. Refrigerate dough 1 hour or until firm

Form 1 rounded teaspoon dough into 2-1/2" log (my mom then made it into a crescent) but you could leave as a round cookie and just flatten with a fork

Place on ungreased cookie sheet (I always use parchment paper)

Bake 10 mins or until edges are just golden. Let cool on baking sheet 5 mins. Remove from baking sheet and place on wire rack to cool completely

Stir together sugar and lime juice in small bowl until smooth. Place wire rack over wax paper (or use the parchment paper) Decorate cookies with drizzle and sprinkle with green sugar. Makes about 4 dozen





JOIN US FOR OUR  
INAUGURAL WALK

Stickney-Forest View Lions Club

Walk for Diabetes Awareness

Forest View Park District



Saturday, April 12, 2025

8:30 AM Onsite Registration  
9:00 AM Walk Starts  
Event 9:00 - 11:30

Forest View Park

46th & Home-Forest View

1 mile walk



Free Health Screening Available

LIF Bus screening for Retinal Eye Diseases – Hearing Screening

Blood Pressure Checks – Pulse Oximeter Checks

\$25

Register Today



Includes t-shirt

Or <https://bit.ly/SFVStrides25>



# NOW ACCEPTING 2025 SCHOLARSHIP APPLICATIONS



2024 Scholarship Winner  
Liliansa Garcia

The Stickney-Forest View Lions Club is now accepting applications for our 2025 college scholarship. High school seniors and college freshmen living in Stickney or Forest View are eligible to apply. Application deadline is April 30, 2025.



**Stickney-Forest View  
Lions Club**  
District 1-A



Summer Reading Program

# LEVEL UP

YOUR READING

Kick-Off Party

MAY 31

11:00 AM TO 1:00 PM



Stickney-Forest View  
Public Library District

6800 W. 43<sup>rd</sup> Street  
Stickney, IL 60402

(708) 749-1050  
[www.sfvpld.org](http://www.sfvpld.org)



“Chloe, there are six to eight million cats & dogs in shelters deprived of homes”

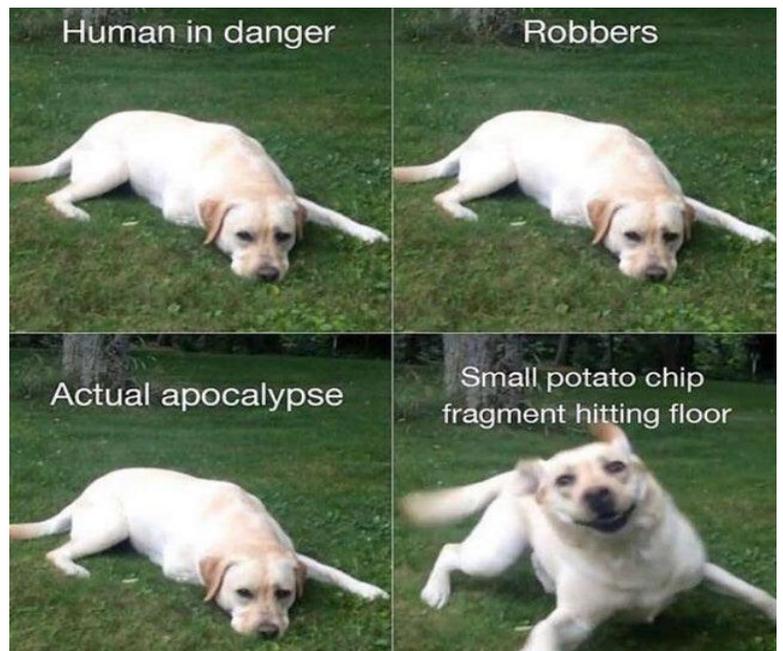


Rusty



“Oh Rusty! That’s six to eight million people deprived of kitty kisses & dog licks”

Chloe



# SUDOKU

Fill in the 9x9 grid so that each column, each row, and each of the nine 3x3 regions contain all the digits from 1 to 9.

7			4	9			3	
	9			5			6	7
	8			3	1			
						2	1	4
			9		3			
6	7	5						
			3	2			8	
2	6			1			4	
	1			6	4			5

Dedicated to Cathy & Ron

# Crossword 9: WWII

## ACROSS

1. Embarrass
6. Part of a min.
9. N.A. Indian
13. Misrepresent
14. Sticky black substance
15. Member of the medical corps
16. Dawdle
17. Unrefined metal
18. Woke up
19. Subdivision
20. Group of ships used to transport war material and troops across the oceans
22. Scarlet
23. Tell a tall tale
24. What a cow chews
25. Syrian bishop
27. Organic compound
29. Mountains
33. Cease
34. Compass point
35. Guys' dates
36. \_\_\_\_ -garde
39. Remind
40. Inspect
41. Potter's oven
42. Put on
43. Wood chopper
44. Bullet size
46. Funeral hymn
49. France and Germany river
50. Advertisements
51. Drink
53. Car speed
56. Airships
58. Pocket bread
59. Having wings
61. Morse code dash
62. Secret messages
63. Members of the National Socialist German Workers Party under Hitler
64. French "yes"
65. Warn
66. Eye infection
67. Free of
68. Not better

1	2	3	4	5		6	7	8		9	10	11	12
13							14			15			
16							17			18			
19					20				21		22		
23				24				25		26			
	27		28					29			30	31	32
			33				34			35			
36	37	38				39				40			
41					42				43				
44				45					46		47	48	
			49					50			51		52
53	54	55		56			57			58			
59			60				61			62			
63							64			65			
66							67			68			

Solution on page 27.

## DOWN

1. Basketball player Kareem \_\_\_\_ -Jabar
2. Tiny round cap
3. England, France, Russia, U.S. and 47 other countries
4. River sediment
5. \_\_\_\_ you! (attention getter)
6. Got up
7. Take in
8. Deep crack
9. Chop down
10. Smell
11. Weapon
12. Chilled
15. Perhaps
20. Whey's partner
21. Off-Broadway award
24. Coin
26. Disputer
28. Court game
30. Radiation dose
31. Boxer Muhammad
32. Fast plane
34. Light giver
36. American Kennel Club (abbr.)
37. By way of
38. Entire
39. Hall
40. Alliance of Germany, Japan and Italy
42. Transaction
43. Totals
45. Out of the mouths of \_\_\_\_
47. Motorless airplane used to transport troops and cargo
48. Diners
50. Plant louse
52. Craft adhesive
53. Pilots
54. Small ground plot
55. Blurry
57. Island
58. Field game
60. Equal
62. Crow's call

# puzzle 210

## Hockey

L	T	L	E	F	T	W	I	N	G	R	S	I	P	H	V	X	Q
J	H	S	L	Z	G	O	F	F	E	N	S	E	E	C	R	O	I
O	F	E	O	O	I	G	O	P	E	N	O	L	N	T	L	B	E
R	F	H	A	P	N	E	S	P	K	S	M	L	P	I	Q	Y	C
T	S	L	O	I	L	T	C	H	F	E	P	U	A	P	L	T	I
T	I	B	K	L	N	A	K	S	T	L	A	N	C	Z	D	L	T
E	G	O	K	I	D	F	O	I	A	O	D	I	E	B	D	A	C
Q	O	S	O	A	G	I	U	G	O	H	D	T	S	T	R	N	A
H	A	P	H	F	N	Y	N	B	Z	L	I	S	S	A	P	E	R
M	L	J	S	G	I	A	Q	G	E	M	N	E	T	N	P	P	P
E	K	A	U	C	C	L	M	A	Z	O	G	S	M	A	H	L	G
E	E	O	P	F	I	P	D	R	Z	V	Y	X	K	L	R	E	J
Z	E	C	Y	J	H	E	K	O	P	E	P	T	H	P	F	E	Z
Q	P	X	Q	A	L	A	R	T	U	E	N	G	L	E	X	R	E
I	E	N	N	Y	F	L	C	R	E	W	O	P	H	A	G	E	G
G	R	D	C	T	M	A	Z	H	P	U	C	K	R	T	N	F	B
Z	L	I	C	E	H	O	C	K	E	Y	R	I	G	H	T	E	P
E	D	R	A	U	G	G	R	E	D	L	I	N	E	H	F	R	P

F0234

GOAL  
GOALIE  
GOALKEEPER  
GOAL POST  
GUARD  
HANDLE  
HELMET  
HOLDING  
HOLE  
HOOKING

ICE HOCKEY  
ICING  
LEAD  
LEFT  
LEFTWING  
LINES  
MASK  
MOVE  
NET  
NEUTRAL

OFFENSE  
OPEN  
PACE  
PADDING  
PASS  
PENALTY  
PENALTYBOX  
PITCH  
PLAN  
PLAY

POINTS  
POKE  
POWER  
PRACTICE  
PUCK  
PUSH  
REDLINE  
REFEREE  
RIGHT

## STICKNEY TOWNSHIP ANIMAL CONTROL....

### RODENT/WILDLIFE CONTROL

To deter unwanted critters, following are guidelines recommended and provided by Stickney Township Environmental Health Department:

*Notify the Environmental Health Department if you Notice Rodent or Wildlife Activity on your Property.*

Burrows and tracks are signs of rodents in your yard.

#### **Starve rats and wildlife out.**

Remove pet foods and water immediately after feeding. Remove dog feces on your property, this is a source of food for rats. Don't put out food for squirrels or birds. Keep garbage in sound containers with tight-fitting lids, this lessens the chance of wildlife disturbance. Plastic bags alone are not enough. Rats can't eat what they can't get to.

Keep animals out.

Seal all openings in your home, garage, or shed larger than ½ inch in diameter. Block openings under decks, elevated sheds, concrete slabs and porches. Secure outside access to crawl spaces and repair broken, weak or rotted areas on your roof, soffit and fascia.

Eliminate rat and wildlife hiding places.

Remove all unused items, car parts, junk, debris, and building materials from around the yard and don't forget to keep the grass short and bushes trimmed.

Use poison and rat traps.

The Stickney Township Environmental Health Department can provide assistance in setting traps and bait stations provided by the township. **For further information or assistance, call the Environmental Health Department at**

**708-424-9200 x 2123 Monday thru Friday from 8:30 a.m. to 4:00 p.m.**

\*Source: Stickney Township Environmental Health Department

Stickney Township does not pick up dead animals on private property either with the exception of domestic animals, e.g. dogs and cats so they can be scanned. They will, however, pick-up injured or sick looking animals.

The Stickney Township Animal Control Department has advised the Village that raccoons right now are coming down with distemper. They advise residents to keep their dogs up-to-date on their distemper and rabies shots.

### **STICKNEY TOWNSHIP ANIMAL CONTROL....**

Please call the Stickney Township Animal Control Department at **708-424-9200** Monday thru Friday, 8:30 a.m. to 4:00 p.m. to report animal concerns.

**PLEASE NOTE:** Please direct all calls to Stickney Township Animal Control for **WASP NEST REMOVAL.**

**PLEASE NOTE:** The Public Works Department will only pick-up dead animals located on a Village street, sidewalk, or parkway. It is the responsibility of property owners to collect a dead animal on their own property. It is suggested to wear gloves and use double bags when doing so and dispose in garbage tote.



# PARK PAGES

**Forest View Park District's Annual EASTER EGG HUNT**

NO REGISTRATION REQUIRED

**Happy Easter**

SAT. APRIL 19TH STARTS 11:00 AM SHARP

**FAMILY FRIENDLY EVENT ALL KIDS WELCOME!**

A fun-filled way to kick off spring. See you at the park! It goes FAST...don't be late! Bring your bag or basket!

4621 WENONAH AVE., FOREST VIEW



FOREST VIEW PARK DISTRICT PRESENTS...

**Trivia Night**

NO MORE THAN 5 PEOPLE ALLOWED PER TEAM!

PRIZES FOR 1ST and 2ND PLACE TEAMS

SNACKS and COFFEE SERVED, FEEL FREE TO BRING FOOD and DRINKS FOR YOUR TABLE

SAT APR. 26TH 7-9PM DOORS OPEN AT 6:30

\$3 per person

YOU MUST REGISTER ALL TEAM MEMBERS BY EMAIL AT RECREATION@FORESTVIEWPARKDISTRICT.ORG OR TEXT DAWN AT (815) 341-5789 \*\*\* SPACE IS LIMITED \*\*\*



**Mother's Day Gift Making**

Sorry, Moms...those are all the details we can give you... it's a surprise!

\$3 per child

Sun. April 27th, 2-4pm

Space is limited! You must register each participant by email at recreation@forestviewparkdistrict.org or text Dawn at (815) 341-5789

Each child will make & wrap one gift

4621 Wenonah Ave, Forest View



Forest View Park District presents...

**SENIOR COFFEE FOREST VIEW DERBY**

Wed. MAY 14th 10am-noon

55 & over

RUN FOR THE ROSES MAKE SURE TO WEAR YOUR BEST DERBY HAT

PLACE YOUR BETS

Coffee - Food Conversation - Fun

4621 Wenonah, Forest View



**Let's Dance!** \$10 per adult

at the Forest View Park District 4621 Wenonah, Forest View

Come learn the steps with us!

**LATIN DANCE CLASSES**

Salsa Merengue Bachata

Taught by Forest View's very own... Trustee Midalia Nevarez

For Beginners...NO partner needed! Adults only! Bring a water bottle and your dancing feet! Includes 3 weeks of classes, Wednesdays, 5/7, 5/14, 5/21. 7-8pm

Space is limited to 20, REGISTRATION REQUIRED! Email name & number to recreation@forestviewparkdistrict.org or text Dawn at (815) 341-5789.



FOREST VIEW PARK DISTRICT PRESENTS

**LOTERIA IN THE PARK**

Sun. May 18TH 2-4pm

NE Corner of the Forest View Park (Weather Permitting)

FAMILY FRIENDLY FUN FOR ALL AGES!

\$2 PER ATTENDEE



# Follow the Forest View Park District page for upcoming events!

2025 **Senior Coffee** at the Forest View Park District  
 Coffee - Bakery - Conversation - Fun

**Second Wednesday of every month (for 55+)** **10-12 pm**

- |               |                |
|---------------|----------------|
| January 8th   | July 9th       |
| February 12th | August 13th    |
| March 12th    | September 10th |
| April 9th     | October 8th    |
| May 14th      | November 12th  |
| June 11th     | December 10th  |



4621 Wenonah Ave. Forest View

FOREST VIEW PARK DISTRICT PRESENTS... **PLAYTIME IN THE PARK**

**FREE TO ALL**

MEET UP WITH OTHERS WHILE ENJOYING OUR BEAUTIFUL PARK! KIDS CAN PLAY WHILE ADULTS CAN CHAT...GREAT WAY TO MEET NEIGHBORS!

ONE HOUR OF GOOD OL' FASHION OUTDOOR FUN!

ALL AGES WELCOME. BUT GEARED TOWARD UNDER 12

**STAY TUNED FOR DATES & TIMES**  
**SPRING/SUMMER**



**Our Senior Coffee Bunch, along with their very own Shamrock.**



**Our winners (and biggest loser) for our Super Bowl Bunco.**

## Puzzle 19



## Presidential Trivia

1. **b.** John Quincy Adams (Adams kept his unusual pet in the East Room of the White House.)
2. **a.** William Harrison (President Harrison died on April 4, 1841 of pneumonia, after only 30 days in office.)
3. **c.** Ronald Reagan (President Reagan was 69, only a few days short of his 70th birthday at inauguration.)
4. **a.** John F. Kennedy (President Kennedy was 43 years old at his inauguration, making him the youngest elected president; however, Theodore Roosevelt was actually the youngest to become president (42) when he succeeded President McKinley who had been assassinated.)
5. **c.** James Madison (President Madison was 5'4" making him the shortest president in history. Benjamin Harrison and Martin Van Buren followed closely at 5'6".)
6. **a.** Dolley Madison (This term was first used in 1849 by Zachary Taylor at the state funeral of Dolley Madison. The term was later popularized in 1877 when the title was given to Lucy Ware Webb Hayes.)
7. **b.** 4 (Presidents Lincoln, Garfield, McKinley, Kennedy were all assassinated while in office.)
8. **a.** 6 (Presidents Jackson, T. Roosevelt, F. Roosevelt, Truman, Ford, Reagan all had unsuccessful attempts on their lives.)
9. **d.** Calvin Coolidge (President Coolidge was born on July 4, 1872.)
10. **b.** \$25,000 (President Washington received \$25,000 a year for his duties compared at the current presidential salary of \$400,000.)
11. **a.** Thomas Woodrow Wilson
12. **d.** Grover Cleveland
13. **c.** John Tyler (President Tyler had fifteen children from two separate marriages, fathering his last child when he was 70 years old, just two years before his death.)
14. **d.** James Buchanan (After a broken engagement and the subsequent death of his former fiancée, Buchanan vowed to never marry.)
15. **b.** Ronald Reagan (It is said that President Reagan earned this nickname due to his ability to avoid blame during scandals.)
16. **a.** Gerald Ford (Ford was appointed vice-president when Spiro Agnew resigned. He was the first person ever to be appointed to the vice presidency. He later became president when Richard Nixon resigned his office on August 9, 1974.)
17. **d.** Grover Cleveland (President Cleveland served his first term from 1885-89 and his second term from 1893-97, following President Benjamin Harrison's stint in office.)
18. **a.** Thomas Jefferson (President Bush made this comment at a ceremony commemorating the 265th birthday of President Jefferson.)
19. **b.** Abigail Fillmore (First Lady Fillmore had the bathtub installed during her husband's 1850-53 term in office.)
20. **c.** James Madison
21. **d.** Martin Van Buren (President Van Buren was born December 5, 1782 in Kinderhook, New York. He was the first president to be born an American citizen. He was also the first president to have Dutch, rather than English, as his first language.)
22. **c.** Andrew Johnson (President Johnson was impeached twice. The first was in 1867, which was simply a list of complaints. In 1868, the accusation was that President Johnson had violated the Tenure of Office Act when he removed Edward Stanton as Secretary of War and replaced him with Lorenzo Thomas. In both cases, the Senate could not come up with the two-thirds majority needed to convict, so Johnson was acquitted of all charges.)
23. **b.** Theodore Roosevelt (President T. Roosevelt was given the prize in 1906 for arbitrating the end of the Russo-Japanese War.)
24. **a.** Martin Van Buren (President Van Buren was nicknamed "Old Kinderhook" after his hometown. This was later shortened to O.K. and the phrase "It's OK" was born. This eventually evolved to the official word "okay.")
25. **c.** Dwight D. Eisenhower (President Eisenhower loved to cook and is known for his recipe for vegetable soup, which can be found online if you wish to try it.)

